

September 2020

Midland Park High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3 Pancake Pouch and Yogurt w/ Carrots and Fruit	4 Pizza w/ Romaine Salad, Carrot Garnish & Fruit
HAPPY LABOR DAY 7	8 Chicken Patty on a Bun w/ Tater Tots & Fruit	9 Cheeseburger on a Bun w/ Three Bean Salad & Fruit	10 French Toast & Yogurt w/ Carrots & Fruit	11 Pizza w/ Romaine Salad, Carrot Garnish & Fruit
14 Chicken Nuggets w/ Dinner Roll Tater Tots & Fruit	15 Pizza w/ Green Beans & Fruit	16 Meatball Hero w/ Marinara Sauce w/ Garbanzo Bean Salad & Fruit	17 Waffle Pouch and Yogurt w/ Carrots & Fruit	18 Pizza w/ Romaine Salad, Carrot Garnish & Fruit
21 Popcorn Chicken w/ Dinner Roll w/ Tater Tots & Fruit	22 Mozzarella Sticks w/ Marinara Sauce w/ Green Beans & Fruit	23 Cheeseburger on a Bun w/ Three Bean Salad & Fruit	24 Pancake Pouch and Yogurt w/ Carrots and Fruit	25 Pizza w/ Romaine Salad, Carrot Garnish & Fruit
28 Chicken Tenders w/ Dinner Roll Tater Tots & Fruit	29 Pizza Green Beans & Fruit	30 All-Beef Hot Dog w/ Garbanzo Bean Salad & Fruit		

Available Daily: **Bagel Bag w/ Yogurt**



**At least 50% of All Grains served
w/ your meal are Whole Grain Rich**



A Complete Lunch Includes:

Protein, Grain, Vegetable, and Fruit

Milk Choice

Menu Subject to Change

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

"This institution is an equal opportunity provider."