

## IMPORTANT NOTICE ABOUT ATHLETIC PHYSICALS

Dear Parent:

According to Chapter 16 of the New Jersey Administrative Code Title 6A adopted by the State Department of Education, an annual sport physical form must be completed in full. In addition the health history reviewed by the examining physician/healthcare provided in order for students to participate in any interscholastic sport activity.

The ***original*** physical form (Annual Athletic Pre-Participation Physical Examination Form Part B) must be completed in full including: **height, weight, blood pressure, pulse and vision screening by the examining provider.** If your child wears glasses and his/her pediatrician does not do a vision exam, documentation from the ophthalmologist is needed. The ophthalmologist must write what the vision is with correction. **School nurses are NOT permitted to add, delete or alter any information and may not complete any section of the form.** The original form with physician/provider stamp with signature must be completed on ***part B page 4***, along with the history reviewed by the physician. The Health History Questionnaire (Part A) of the Annual Athletic Pre-Participation Physical Examination form must be filled out by the parent prior to the athletic physical and brought to the doctor for review.

The Annual Athletic Pre-Participation Physical Forms, parts A and B and the Health History Update Form may be downloaded from the Midland Park High School website. Go to Resources, Health Services, scroll down to Annual Athletic Physical Examination. If you have trouble downloading the form, call the High School Athletic Office at (201) 444-7400 ext. 205 and a form will be sent to you.

If your child has had a physical examination within the past 365 days and is on file with the nurse, only a Health History Update Form needs to be completed and returned to the nurse's office.

**ALL ATHLETIC PHYSICAL FORMS MUST BE BROUGHT TO THE HIGH SCHOOL NURSE'S OFFICE AT THE HIGH SCHOOL.**

We appreciate your time and patience in completing the required state athletic forms and thank you in advance for your cooperation and support of our students.

Sincerely,

Nicholas Capuano  
Principal

Karen Corcoran, RN, MS, CSN-NJ  
School Nurse